

***ONTARIO FAMILY STUDIES  
HOME ECONOMICS  
EDUCATORS' ASSOCIATION  
(Incorporated in 1977 in Ontario, Canada)***



Association des Educatrices des Sciences  
Familiales de l'Ontario

***ANNUAL REPORT BOOK 2023***

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Please note that the Financial Statements are not included in this report.  
The reports will be screenshred at the virtual meeting.

Members may request a copy by contacting the Association's Administrator,  
Alyssa Lampkin at [ofsheea@gmail.com](mailto:ofsheea@gmail.com).



## **Annual General Meeting**

**Saturday, Oct. 14, 2023 9:00 a.m. - 12:00 p.m.**

**(Attendees can start logging in at 8:45 a.m.)**

*VIRTUAL VIA ZOOM AS PER NEWLY PASSED 2020 BYLAW RESOLUTION*

### **AGENDA**

- |   |                         |
|---|-------------------------|
| 1. Call to Order and Announcements            | <i>Theresa Aqui</i>     |
| 2. Welcoming and Land Acknowledgement         | <i>Lesia Hucal</i>      |
| 3. Zoom Virtual Meeting Process               | <i>Lesia Hucal</i>      |
| 4. Consent to Approve AGM Agenda              | <i>Lesia Hucal</i>      |
| 5. Introduction of Current Board of Directors | <i>Theresa Aqui</i>     |
| 6. Consent to Approve Minutes of the Last AGM | <i>Jennifer Burke</i>   |
| 7. Consent to Adopt the Annual Reports        | <i>Theresa Aqui</i>     |
| 8. Board of Director Elections                | <i>Camille Naranjit</i> |
| 9. Bylaw Resolutions                          | <i>Lesia Hucal</i>      |
| 10 Other On-Time Motions                      | <i>Lesia Hucal</i>      |
| 11. Financial Report 2020-2021                | <i>Corrinne Morris</i>  |
| 12. Appointment of Reviewer of Accounts       | <i>Corinne Morris</i>   |
| 13. New Business (including awards)           | <i>Theresa Aqui</i>     |
| 14. Adjournment                               | <i>Theresa Aqui</i>     |



**OFSHEEA Board of Directors  
2022-2023**

**EXECUTIVE COMMITTEE**

President	Theresa Aquí
Past President (ex-officio member)	Camille Naranjit
Vice President	Lesia Hucal
Treasurer	Corinne Morris
Secretary	Jennifer Burke
Regional Director's Representative	Corinne Morris
Director-at-Large, Future Directions	Michelyn Gallant
Parliamentarian	Lesia Hucal
Administrator (ex-officio member)	Lauren Stitt (until June 2023)
Administrator (ex-officio member)	Alyssa Lampkin (started June 1, 2023)

**REGIONAL DIRECTORS**

Central East	Vacant
Central West	Lesia Hucal, Jenn Maur
Eastern	Corinne Morris
Toronto	Verel Thorpe-Taylor
Western	Vacant
Northern	Vacant

**STANDING COMMITTEE CHAIRS & CO-CHAIRS**

Awards	Camille Naranjit
Conference Chairs	Michelyn Gallant/ Lesia Hucal
Membership	Corrine Morris
Communications	Vacant
Nominations	Camille Naranjit
Resolutions	Lesia Hucal



**Minutes of the Annual General Meeting  
Saturday, October 29, 2022.  
9:45 a.m. - 12:30 p.m.**

*{Meeting conducted virtually via Zoom}*

**AGENDA**

- |   |                                  |
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| 1. Call to Order and Announcements            | <i>Camille Naranjit</i>          |
| 2. Welcoming and Land Acknowledgement         | <i>Theresa Aqui</i>              |
| 3. Zoom Virtual Meeting Process               | <i>Nahid Mawji/ Theresa Aqui</i> |
| 4. Consent to Approve AGM Agenda              | <i>Nahid Mawji</i>               |
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| 11. Financial Report 2020-2021                | <i>Nahid Mawji</i>               |
| 12. Appointment of Reviewer of Accounts       | <i>Nahid Mawji</i>               |
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| 14. Adjournment                               | <i>Camille Naranjit</i>          |

## **1.0 Call to Order and Announcements**

*Camille Naranjit, President*

At 9:45 a.m., Camille Naranjit called the meeting to order. Attendees were advised that the meeting would be recorded. Camille Naranjit introduced Nahid Mawji and Theresa Aqui, who will also participate in chairing the meeting. Camille Naranjit welcomed attendees who were attending for the first time.

## **2.0 Welcome and Land Acknowledgement**

*Theresa Aqui, Regional Directors' Representative*

At 9:50 a.m., Camille Naranjit invited Theresa Aqui, Regional Directors' Representative, and Toronto Regional Director, to share a Land Acknowledgement.

## **1.0 Call to Order and Announcements (continued)**

*Camille Naranjit, President*

At 9:52 a.m., Camille Naranjit explained some of the details and protocols of the Democratic Rules of Order, including voting on, discussing, and amending motions.

At 9:55 a.m., Camille Naranjit explained the roles of voting and non-voting members.

At 9:56 a.m., Camille Naranjit explained the rules for participation in this zoom meeting.

At 9:57 a.m., Camille Naranjit summarized who was in attendance:

14 present voting members, total (of those, 7 are Board of Director members)

3 present non-voting members (1 was a student)

12 proxies

26 votes could potentially be cast

At 9:58 a.m., Lesia Hucal called the roll.

Roll call determined there were 12 people actually on the call, as well as 12 proxies. Quorum was met, but one member was expected later.

Camille Naranjit stated that quorum was met and the meeting could proceed.

Ruth McDonald asked for clarification about someone who has sent in a proxy but may be joining the meeting later. Camille Naranjit explained that the proxy will continue and the person will not vote during the meeting.

Ruth McDonald asked to double check whether the person joining the meeting later was counted in the quorum number. Camille Naranjit confirmed that they were, so quorum was not achieved at the beginning of the meeting. Quorum is required in order to vote in officers and to vote on resolutions.

Discussion took place regarding whether or not another roll call should, or must, be done in order to meet quorum before voting on items later in the meeting.

Camille Naranjit asked if there were any objections to noting the arrival of another member when it happens in order to meet quorum instead of doing another roll call.

No objections noted. The meeting proceeded.

### **3.0 Zoom Virtual Meeting Process**

*Nahid Mawji, Vice President*

At 10:07 a.m., Camille Naranjit invited Nahid Mawji to review the virtual meeting norms. Nahid explained the virtual meeting norms.

At 10:09 a.m., Nahid Mawji invited Theresa Aqui to explain how virtual voting will work. Theresa also stated that Jennifer Burke would be voting the proxies. Theresa asked if there were any questions about the voting process. There were none.

At 10:10 a.m., Camille Naranjit listed the special appointments (temporary until quorum) as follows:

Minute Checker: Lesia Hucal

Parliamentarian: Nahid Mawji

Scrutineer: Theresa Aqui

**At 10:12 a.m., one more member joined the meeting, and quorum was achieved.**

At 10:13 a.m., Camille Naranjit polled the attendees for consent to hold the meeting. The vote was unanimously in favour.

At 10:15 a.m., Camille Naranjit polled the attendees for approval of the appointments of Minute Checker, Parliamentarian, and Scrutineer. The appointments were approved.

### **4. Consent to Approve AGM Agenda**

*Nahid Mawji, Vice President*

Camille Naranjit stated that the Executive proposed a change to the agenda to make the Awards section a timed event. Camille asked if there were any other items to add or correct on the proposed agenda. Ruth McDonald requested that CHEF be added to the agenda. It was added under new business. Ruth also requested that the financial report section be amended with the correct year.

Camille polled the attendees for approval of the agenda as amended. The amended agenda was accepted.

### **5.0 Introduction of Current Board of Directors**

*Camille Naranjit, President*

This did not occur.

### **6.0 Consent to Approve Minutes of the Last AGM**

*Jennifer Burke, Secretary*

At 10:19 a.m., Camille Naranjit turned the meeting over to Jennifer Burke for the minutes of the 2021 AGM. Jennifer stated that the minutes look different this year because of the adoption of the Democratic Rules of Order and asked if anyone had found any mistakes that needed to be fixed. None were mentioned. Camille polled the attendees to waive the reading of the minutes since they had been distributed ahead of time, and to approve them as written.

Minutes were approved.

### **7.0 Consent to Adopt the Annual Reports**

*Camille Naranjit, President*

At 10:20 a.m., Camille Naranjit asked Nahid Mawji to go through the process of approving the reports.

Nahid Mawji stated that reports had been sent to members ahead of time and hopefully they can be approved as written. Lesia Hucal requested to make her Central West Representative report orally as it was not completed in time to be in the Report Book. Nahid agreed.

Central West Report: Lesia Hucal

Lesia reported that she became a writer for the Anti-Diet Culture resource with Jennifer Maur in consultation with various other groups. Lesia also attended the OTF Mental Health Conference in February on behalf of OFSHEEA.

Lesia contributed to our social media presence throughout the year by writing and posting content and links to timely resources.

Discussion was opened about the Board reports.

Ruth McDonald asked whether Google Classroom is used in the Toronto Catholic School Board since the public board has one. Theresa Aqui responded that, despite her efforts, she doesn't have a connection with anyone in the Catholic board to share the Google Classroom with.

Ruth McDonald wondered why membership wasn't divided up by full members and pre-service members. Camille Naranjit responded that this change will happen in the next membership year as the fees will be following the new fee structure.

Ruth McDonald asked why we don't have membership numbers based on region. Camille Naranjit explained that we still have some kinks in the system that need to be worked out. Our numbers are not accurate at this time. Theresa Aqui stated that members are self reporting, and some do not accurately know their region.

Nahid Mawji asked Camille Naranjit to post the poll to accept the reports as given. Consent was given to approve the reports.

At 10:28 a.m., Nahid Mawji asked for affiliate members to give their reports.

Ruth McDonald gave a report from Canadian Home Economics Foundation.

Ruth McDonald reminded the attendees about the awards that CHEF gives out. CHEF does have grant money available for projects. Money was given to OFSHEEA for the podcast project and the Diet Culture resources. CHEF is grateful that OFSHEEA provides these resources nation-wide on the free resources section of the website. We were also reminded that CHEF is a registered charity, so donations and requests are always welcome.

Camille Naranjit gave a report from OHEA

Camille Naranjit explained that she has been appointed as the incoming President of OHEA. Camille brought greetings from OHEA. OHEA would like to develop better relationships with affiliate organizations such as OFSHEEA and to provide more services to its members. Camille stated that some of our members may be qualified to become licensed Professional Home Economists. Information about this can be found on the OHEA website. Last week, OHEA started a virtual series about the history of bread. The evolution and

relevance of Home Economics will be explored soon, with Dr. Sue McGregor as the next speaker. OFSHEEA members are able to sign up for the series. Congratulations were extended from OHEA to the Ottawa Home Economics Association as they are celebrating 90 years as an organization this year.

### 8.0 Board of Director Elections

*Nahid Mawji, Vice President*

At 10:33 a.m., Nahid Mawji explained who has completed their terms, and which positions are available at this time.

Name	2020-2022 Position	Term	Notes
Camille Naranjit	President	Completed 2 year term	Will become Past President for the next 2 years
Nahid Mawji	Vice President	Completed 2 year term	Will not be running for second term
Derek Wun	Past President	Resigned in good standing	Not an elected position
Jennifer Burke	Secretary	Completed acclaimed term	Running for election this year for a 1st full term
Derek Wun	Treasurer	Resigned in good standing	Position Vacant
Theresa AQUI	Toronto Regional Director	Completed 2nd full term (4 years)	Unable to run again - bylaws
Lesia Hucal	Central West Regional Director	Completed 2nd full term (4 Years)	Unable to run again - bylaws
Michelyn Gallant	Special Director of Future Directions	Completed term	Reapplied for another term for 2022-2023

Nahid noted that Corrinne Morris is our Eastern Regional Director and is half way through her term and her position is up for election next year

Nahid stated that, as per our by-laws, the remaining vacant mid-term positions for the 2022 – 2023 year will be appointed. If people are interested in the positions of Western Regional Director or Northern Regional Director (that are mid-term), they should email the Board or state their intentions now.

Nahid thanked everyone for their hard work and dedication.

At 10:34 a.m., Nahid Mawji stated that there was a callout for nominations prior to the AGM. This year there were some on-time nominations as per our new bylaws. The slate of nominees for election for the next 2 years (ending 2024) to the Board of Directors are as follows:

<b>Position</b>	<b>Name</b>	<b>Nominator</b>
Past President	Camille Naranjit	As per bylaws becomes Past President/Historian
President	Theresa Aqui	Michelyn Gallant
Vice President	No on-time nominee but someone is going to run from the floor	
Treasurer	No on-time nominee	
Central West Regional Director	Jennifer Maur	Camille Naranjit
Central East Regional Director	No on-time nominee	
Toronto Regional Director	Verel Thorpe-Taylor	Theresa Aqui

Nahid stated that there are three vacancies on this year's slate of officers. No on-time nominations for Vice-President, Treasurer, or Central East Regional Director were received. The floor was opened for nominations.

Lesia Hucal stated that she would like to run for Vice-President. Theresa Aqui nominated Lesia. Verel Thorpe-Taylor moved that we approve the nomination, with Heather Bamford as seconder.

Nahid Mawji called for discussion of the nomination.

Theresa Aqui stated that Lesia has been contributing significantly to OFSHEEA and would be a wonderful Vice-President.

As required by our By-laws, nominations at the meeting must be proposed by a voting member in good standing and have the consent of the nominee to stand for election. Lesia consented to be nominated.

The vote was held by virtual hand raising and Lesia Hucal became the next Vice-President of OFSHEEA.

Nahid Mawji asked if anyone would stand for the position of Treasurer. No one responded.

Nahid Mawji asked if anyone would stand for the position of Central East Regional Director. No one responded.

Nahid Mawji asked for a motion to acclaim the aforementioned directors to the OFSHEEA Board of Directors for the 2022-2024 term. Jennifer Burke moved, and Sandy Coppinger seconded.

Nahid asked if there was any discussion. There was none.

Nahid asked that members vote in the poll. The motion was carried unanimously and the Board members were acclaimed.

Nahid Mawji asked for a motion to authorize the OFSHEEA Board of Directors to fill the vacancies that exist on the Board as soon as possible.

Veral Thorpe-Taylor moved, and Lesia Hucal seconded. Nahid asked for discussion. There was none.

Nahid asked that members vote in the poll. The motion was carried.

At 10:40 a.m, Nahid Mawji turned the meeting over to Theresa Aquí for the Resolutions.

## **9.0 Bylaw Resolutions**

*Theresa Aquí, Regional Directors' Representative*

At 10:41 a.m., Theresa Aquí reminded attendees of how discussion of Resolutions works under the Democratic Rules of Order and that the Resolutions were made available 21 days ahead of today's meeting and will also be shared on screen.

Theresa Aquí explained that this year there are several necessary bylaw amendments that must be made by 2024 so that we are in compliance with the new Ontario Non-Profit Incorporation Act (2021). For those who are also part of OHEA there will be similar changes to the bylaws coming in the next year or two.

Theresa stated that the OFSHEEA executive recommends that we bloc resolutions 1, 2, 3, 4, 5 and 6 to debate, discuss, and vote on as one motion as they are all necessary amendments to comply with the new 2021 Ontario Non-Profit Corporations Act.

### **Resolution #1: Changing the Location of Head Office**

Amending Article IV - Head Office

### **Resolution #2: Adding a Third Signing Officer to the OFSHEEA Account**

Amending Article XI - Signing of Cheques and Certification of Documents

### **Resolution #3: Adding in the Governing Documents in the Bylaws**

Amending Article XII - Committees, Section 3: Rules of Procedure

### **Resolution #4: Add Proxy Voting Is Not Valid at Board of Director Meetings**

Amending Article VIII - Meetings, Section 1: Board of Directors

### **Resolution #5: Add Proxy Voting Is Not Valid at Executive Committee Meetings**

Amending Article VIII - Meetings, Section 2: Executive Committee

### **Resolution #6: Specifying that Annual General Meetings and Special Meetings of the General Membership are the only meetings where proxy voting can occur.**

Theresa requested a motion to bloc the resolutions. Camille Naranjit made the motion, and Lesia Hucal seconded.

Theresa Aquí asked if there was any discussion about the motion to bloc the resolutions. No discussion occurred.

Theresa Aquí asked that members vote in the poll. The motion was carried.

Theresa Aquí asked for a mover to pass the six resolutions as one bloc. Theresa reminded members that this vote requires a two thirds majority to pass. Theresa asked Nahid Mawji to read the titles of each motion to remind members. Nahid read the titles of the resolutions.

Theresa Aqui asked for a motion to approve the resolutions. Nahid Mawji moved, and Verel Thorpe-Taylor seconded. Theresa Aqui asked members to vote in the poll. The motion was carried.

At 10:45 a.m., Theresa Aqui stated that we would be moving on to Resolution 7.

**Resolution 7: Adjusting the Payment Timeframe for Annual Memberships**

Theresa Aqui explained the rationale for this resolution. This is an old by-law that the organization does not carry out in practice. We haven't been adhering to a deadline for payment, nor have we been notifying anyone of arrears on their membership fees for the last several years.

Theresa Aqui called for discussion on the resolution.

Verel Thorpe-Taylor asked if people could pay throughout the year or only in the summer.

Theresa explained that people can pay at any time. The process for when the year starts and ends is being formalized with this resolution.

Sandy Coppinger asked whether people are getting partial memberships if they join part way through the year.

Theresa responded that we do not currently have a rate for partial memberships. Sandy wondered if that would deter people from joining. Theresa stated that this has been discussed by the Executive, but tracking the dates if people's membership year varied would be challenging. Our organization's members follow the school year, so the Executive felt it made sense for our membership year to be aligned with a typical school year.

Discussion ended, and Theresa Aqui asked for a mover for the motion. Lesia Hucal moved, Michelyn Gallant seconded, and Theresa asked members to vote in the poll. The motion was carried unanimously.

**10. Other On-Time Motions**

*Theresa Aqui, Regional Directors' Representative*

**MOTION RE: CHANGING THE REGIONAL DIRECTORS**

At 10:50 a.m., Theresa Aqui explained that the motion would allow for the striking of an ad hoc committee to investigate a revision of the roles and job descriptions of the Regional Representative Directors:

'I move that the OFSHEEA Board of Directors form an ad hoc committee to investigate revising the Regional Representative Director roles and job descriptions to better carry out the current business of OFSHEEA, and that members of the ad hoc committee will present their work and recommend resolutions to change the bylaws at the next Annual General Meeting. The committee will be made up of members of the Board of Directors and up to 3 members-at-large.'

Rationale:

Theresa Aqui stated that The Regional Director positions were created in the 1920s and as such they may not be relevant in the 21st century since we are able to carry out virtual meetings, and we can use more digital communication. As a result, dividing Board responsibilities by region has become less necessary, and adding specific roles to the regional responsibilities may be more specific and useful to how the Board currently functions. An example of social media being used to communicate province-wide was given. As well, several regional positions remain vacant. Of course, the Board would continue to work to ensure that all regions of the province have a voice in our initiatives and operations.

Theresa Aqui moved to form the ad-hoc committee, and Heather Bamford seconded. Theresa asked if there was discussion.

Ruth McDonald suggested stating the number of Board members that would be on the committee. Camille Naranjit stated that the wording was purposely open-ended so that the committee would potentially have input from all Board members.

Ruth suggested that the committee could become top heavy if the entire Board was on it. Theresa stated that the Board has worked collaboratively with the membership at large in the past, but that more specific wording may be helpful.

Veral Thorpe-Taylor raised a concern that if there is the same number of Board and non-Board members, there could be issues if there are ties on ideas being discussed or decisions being made.

Lesia Hucal wondered if we could leave it as is since there wouldn't be any voting, but rather a conversation. She added that the committee is intended to be small, so perhaps the numbers don't need to be set as targets.

Theresa agreed and proposed that we vote on the motion as written.

Ruth McDonald suggested that if we aren't having a specific number of Board members, perhaps there doesn't need to be a specific number of members-at-large either.

Jennifer Burke wondered whether the committee would be able to do its work at all if no non-Board members join. Camille stated that we are hoping for some members-at-large, but it isn't a requirement since the number of members-at-large is a maximum, not a minimum.

Theresa Aqui asked members to vote in the poll. The motion was carried.

## **11. Financial Report 2021-2022**

*Nahid Mawji, Vice President*

At 11:06 a.m., Nahid Mawji gave the Financial Report.

Nahid Mawji stated that the financial statement was compiled by our Accountant for the past fiscal year, which ended April 30, 2022.

Nahid Mawji asked for a mover to accept the Consolidation Engagement Report including the Financial Statements for the fiscal year ending April 30, 2022, as compiled and presented by the firm of Stevenson LeHocki.

Jennifer Burke moved, and Theresa Aqui seconded.

Nahid Mawji explained that our membership has increased due to the hard work of the Board in creating and facilitating monthly workshops. Nahid also pointed out that our surplus is due to our absorption of the OFSLC money when it folded.

Nahid Mawji stated that last year's revenue was more than expenses, so the organization was in the black last year, which is significant for us.

Nahid explained that some of our assets were due to outstanding monies received.

Nahid opened the floor for questions/ discussion about the financial statement.

Ruth McDonald asked where the various grant monies were reflected in the statement. Lauren Stitt clarified where the money was allocated.

Nahid suggested that perhaps we can save on office supplies moving forward as so many things are digital these days.

Ruth suggested that we revisit becoming members of IFHE. Lauren suggested that as our finances improve, this is something that could be considered.

Discussion ended, and Nahid Mawji requested that members vote in the poll.

The motion was carried.

## **12. Appointment of Reviewer of Accounts**

*Nahid Mawji, Vice President*

Nahid Mawji asked for a motion to appoint Stevenson LeHocki as the accountant firm of the Ontario Family Studies Home Economics Educators' Association for the fiscal period of May 1, 2022 to April 30, 2023.

Jennifer Burke moved and Veral Thorpe-Taylor seconded. Nahid asked for discussion but there was none. Nahid Mawji asked members to vote in the poll.

The motion was carried.

## **13. New Business (including awards)**

*Camille Naranjit, President*

At 11:15 a.m., Camille Naranjit introduced the awards. Camille explained that two years ago, our organization changed how we give out awards, and this is the first year of the implementation of the new program. Camille also mentioned that there was a nomination for an award that came in yesterday, which was too late for the AGM, but will be discussed at the Board of Directors meeting for potential for next year.

Michelyn Gallant presented the student awards to Evaline Ng and Cassandra MacEachern.

Camille Naranjit presented the OFSHEEA Teaching Award of Merit to Lisa Sidorkewicz.

Camille Naranjit and Theresa Aqui presented the Centennial Leadership Award to Michelyn Gallant.

## **14. Adjournment**

*Camille Naranjit, President*

At 11:38 a.m., Nahid Mawji asked for a moment of silence to remember any members and past members who have passed away during the last year.

At 11:39 a.m., Camille Naranjit stated that the names of everyone attending today's meeting would be placed in a draw for free memberships.

At 11:40 a.m., Camille Naranjit asked for consent to adjourn the meeting by voting in the poll. Consent was given.

At 11:43 a.m., Camille Naranjit declared the meeting adjourned.



**BOARD REPORTS**  
**Fiscal Year May 1, 2022 - April 30, 2023**

**President's Report**

In addition to the regular duties of the President, had ongoing involvement in several OFSHEEA Projects and Initiatives, including:

- Collaborated with the mentorship program team to launch the OFSHEEA mentorship program in Fall 2022.
- Created social media posts in order to promote events and spread awareness of the organization, and wrote and sent email newsletters to keep members and subscribers informed.
- Served as the project lead on two new curriculum advisories to be launched in Spring 2023, one on Dismantling Anti-Black Racism and one on Incorporating 2SLGBTQIAP+ Perspectives.
- Attended the OTF Curriculum Forum conference as a representative of OFSHEEA.
- With a team of OFSHEEA board members, contributed to researching and writing the paper entitled “Family Studies Education: Literacy for Everyday Life”, which was presented at the Canadian Symposium in March of 2023.
- Co-presented two workshops for TDSB Family Studies Teachers on the topic of Literacy in Family Studies.

Respectfully Submitted,  
Theresa AQUI, President

**Past President's Report**

May 2022 - Present: Throughout the year: Onboarded and mentored our new President, Theresa AQUI, and passed over files to her.

September 2022: With Nahid Mawji, Jennifer Burke and Lauren Stitt I compiled the Annual Report Book for the Annual Meeting.

September 2022: Had a finances meeting before the annual meeting to go over the accounting reports and a rehearsal for the annual meeting.

October 2022: Helped Nahid Mawji chair the Annual Meeting and gave greetings to the attendees.

November 2022: Participated in the Fall Board Meeting.

November 2022: Assisted Lauren in crafting the awards certificates and sending them out.

December 2022: Updated the bylaws with the newly passed resolutions at the 2022 Annual Meeting.

February 2023: Assisted the President and current Administrator in creating the contract for the administrator position and onboarding of Alyssa Lampkin.

Winter and spring 2023: Completed banking duties for the association (monitored the investments and aided in answering budget questions).

Submitted By:  
Camille Naranjit

### **Vice President's Report**

November 12, 2022: Attended the OFSHEEA Fall Board Meeting.

November 22, 2022: Attended the Peel FS Teacher Association Meeting (Virtually) with Theresa Acqui to promote OFSHEEA.

December 7, 2022: Attended OFSHEEA Executive meeting.

Jan – Feb 2023: Attended meetings and participated in developing the OFSHEEA presentation for the Canadian Symposium for Home Economics Educators.

March 3-5, 2023: Represented OFSHEEA at the 17th Canadian Symposium for Home Economics | Family Studies | Human Ecology | Family & Consumer Science Education in Saskatoon, Saskatchewan. The presentation was entitled Family Studies and Literacy for Everyday Life, and was a collaborative effort by a team of colleagues including: Theresa Acqui (Toronto), Lesia Hucal (Central West- Hamilton), Corinne Morris (Central East- Ottawa) and Verel Thorpe-Taylor (Toronto). The project focused on the sharing of lessons and resources that address various aspects of literacy used by practitioners/teachers in the classroom environment.

April 22, 2023: Attended the Spring Board of Directors Meeting.

Submitted by Lesia Hucal

### **Treasurer's Report**

I met with other members of the executive to discuss financial issues. I met with the bank on an as needed basis and discussed financial goings-on with Lauren on an as needed basis.

Submitted by:  
Corinne Morris

### **Secretary's Report**

Attended Board and Executive meetings throughout the year and took minutes.

Compiled minutes of the 2021 AGM in preparation for the 2022 AGM.

Helped prepare for the 2022 AGM.

Attended the 2022 AGM and took minutes.

Submitted By: Jennifer Burke

### **Regional Director's Representative Report**

- Participated in Board of Director meetings as well as Board Executive Meetings as a voting member.
- Coordinated communication efforts with other regional reps.

- Participated in the OFSHEEA mentoring program.
- Participated in the OSSTF Family Studies PD day and spoke about the important work OFSHEEA is doing and encouraged membership.

Submitted By: Corinne Morris

### **Eastern Regional Director's Report**

I worked on the Guide to Managing Food Labs rewrite as one of the authors of the document. This was a project that lasted over the summer of 2022. I was also part of the team that delivered the How to Run a Food Lab professional development workshops in August and again in early February. Lastly, I was on the team that put together and wrote a paper for the Canadian Symposium of Family Studies.

Submitted By:  
Corinne Morris

### **Toronto Regional Director's Report (Commencing September 2022)**

- Presented with OFSHEEA President, Theresa Aqai, to promote Family Studies through the Toronto District School Board SWSH Professional Development (PD).
- Visited Ziigwan Shines, a Spotlight on Indigenous Talent Show at Yonge and Dundas Square on March 24, 2023.
- Worked with Board members Theresa, Lesia and Corinne on a research project: Family Studies and Literacy For Everyday Life.
- Coordinated with the TDSB SWSH team to present our OFSHEEA research project to a group of Family Studies and Social Science teachers at PD.
- Presented in my school two of the literacy strategies (The Word Map and the Significant, Connection and Question) that the OFSHEEA team included in the research project.

### **Central East Regional Director's Report**

No report as position was vacant.

### **Central West Regional Director's Report**

**May 1, 2022-October 29, 2022**

May 5, 2022. Participated in a book launch webinar by Desiree Neilson, RD, promoting her book "Good for Your Gut". Desiree's professional practice focuses on plant-based nutrition and gut health. Her podcast entitled The Allsorts Podcast offers listeners credible and current nutrition information and features well-referenced material. Desiree's work was promoted to OFSHEEA members via Instagram. [www.desireerd.com](http://www.desireerd.com)

Spring 2022. Participated in the AgScape Business of Food 102 Certification program. [www.agscape.ca](http://www.agscape.ca)  
May – June 2022. Participated as a writer/presenter of the OFSHEEA Curriculum Advisory Document entitled "Diet Culture. Recognise it, Reject it, Revise the Narrative!". Virtual workshops of the resource were presented to interested Family Studies teachers across the province. This professional development document and workshop series was developed to encourage Family Studies teachers to recognise how Diet Culture can easily infiltrate our Foods courses. The resource was intended for teachers and introduced the opportunity for them to intentionally examine their own relationship with diet culture with the goal of removing it from their teaching and replacing it with more positive and inclusive approaches to addressing body health and nutrition.

May 25, 2022. Participated in the OFSHEEA FMNI Perspectives in Family Studies workshop. Continued to follow the progress with the Ministry of Education's new resources to support Food Literacy in Ontario. OFSHEEA was invited to review the new resources in October 2022. Reviewed the Ontario Healthy Schools Coalition October 14th meeting minutes forwarded by Hamilton Public Health. Noted how OFSHEEA may want to become better acquainted with the coalition. [www.ontariohealthyschools.com](http://www.ontariohealthyschools.com)

Learned about the Half Your Plate Ambassador Program and initiated the Ambassador program at the high school level as a pilot project within my food and nutrition classes. Promoted the program via the OFSHEEA Instagram. [www.halfyourplate.ca](http://www.halfyourplate.ca)

October 29, 2022. Attended the OFSHEEA AGM (Virtual).

Submitted by Lesia Hucal

### **October 29, 2022-April 30, 2023:**

Worked on a writing team for Research and Inquiry which will be shared with OFSHEEA members in the near future.

Shared resources and news from OFSHEEA to DSBN teachers. For example, I presented my writing project on Diet Culture.

Submitted by: Jenn Maur

### **Western Regional Directors' Report**

No report as position was vacant.

### **Northern Regional Director's Report**

No report as position is was vacant.

### **Director-at-Large: Future Directions Report**

Wrote and submitted a subject association grant to OSSTF to help us to revise/create resources to support research and inquiry in family studies classes. We were awarded \$2500 towards the project which will be used as an honorarium for the project facilitator and four writers. This project is just underway with expected release in fall 2023.

The OFSHEEA podcast, What the Family Studies? continues to release two episodes a month. Total downloads are 675 as of April 30, 2023. Final report sent to CHEF for the funds they granted to the podcast.

We have completed two sessions of the OFSHEEA Mentorship program. During the 2022-3 year, we had 8 mentors and 14 mentees involved in the program. Each mentor has 2-3 mentees assigned to them based on their area of interest/expertise (ie. foods, fashion, parenting/child development, social sciences). Teams set up their own meeting schedules based on need. Some teams meet bi-weekly through a virtual platform, others conversed through text and email or a variety of strategies based on team need. Final report submitted to CHEF for the funds they granted to our program.

Attended three Community Working Group Meetings led by NEDIC. NEDIC is leading the work happening in southern Ontario/GTA with the goal of the initiative being to foster a collaborative approach to the prevention of eating disorders while building capacity in group members (and their organizations) to better serve those impacted by disordered eating and to promote overall well-being for the community. Meeting conversation centred around engaging with schools as a prevention strategy and how we can best engage with parents, caregivers and families.

Organized monthly workshops for our membership. Non-members were invited to attend by paying a small fee:

October, Board of Directors Information Session (5 registrants)

October, Equity in the Family Studies Classroom (41 registrants)

November, Food Waste presented by Carrie Clarkson with a door prize of a Food Cycler (24 registrants)

February, Agscape Food Literacy: Thinking Critically About Food & Farming (43 registrants)

March, Literacy in Family Studies presented by OFSHEEA Board (13 registrants)

April, Anti-Black Racism in the Family Studies classroom (19 registrants)

Organized and led Leading Food and Fashion Lab workshop on February 4, 2023. The workshop ran for three hours and was attended by 40 -50 people. Feedback from the workshop was very positive and certificates have been emailed to each participant.

Attended an initial meeting alongside Theresa AQUI with Nutrition and Food Literacy Canada led by Leanne De Souza-Kenney. She is a Public Health Scientist focusing on preventable chronic disease from U of T. She has received a grant to conduct a meeting of stakeholders in May 2023 to explore a proposed solution to the education barriers, and access and prevention issues that lead to development of preventable disease. The specific goal is to make nutrition literacy mandatory across Canada, and to do so via a co-created, standardized curriculum at teachers colleges and a mirrored curriculum for K-12 schools. We were invited to attend the initial stakeholder meeting in May 2023.

Submitted by,  
Michelyn Gallant

#### **Director-at-Large Corporate Sponsorship Report**

No report. Since OFSHEEA was not running a conference in 2022, this position remained vacant.

#### **Director -at-Large Communications Report**

No report as position was vacant

#### **Awards Report**

Centennial Leadership Award was awarded to Michelyn Gallant

OFSHEEA Teaching Award of Merit (Replaced the Regional Merit Award) was awarded to Lisa Sidorkewicz (Hamilton-Wentworth District School Board)

The Student Scholarship Awards were awarded to Cassandra MacEachern and Eveline Ng

Submitted By:  
Camille Naranjit

#### **Conference Report**

**No Conference, no report**

#### **Membership Report**

General Membership Data for September 1st, 2022 to August 31st, 2023.

Registered: 105

Student: 27

Retired: 2

Affiliate (OHEA): 1

Total= **135 as of August 2022** Last year, 2021 - 2022 we had a total of **152** members. OFSHEEA has decreased membership by 17 members over the past year.

Submitted By:  
Corinne Morris

### **Nominations Report**

OFSHEEA Officers

#### **Officers who completed their 2nd year of their 2nd term in 2022:**

Camille Naranjit, President; and Nahid Mawji, Vice President

#### **Officer who completed her 1st term in 2022:**

Jennifer Burke, Secretary - she was nominated for a 2nd term at the 2022 Annual Meeting

### **OFSHEEA REGIONAL DIRECTORS**

#### **Regional Directors who completed their 2nd year of their 2nd term in 2022:**

Theresa Aqai, Toronto; and Lesia Hucal, Central West

Corinne Morris, Eastern, completed her first term. She was nominated for a second term as Eastern Regional Director and she was acclaimed at the 2022 Annual Meeting

Central East, Western Regional Director and Northern Regional Director positions remained unfilled as there were no nominations at the 2022 Annual Meeting when members were asked.

#### **New Regional Directors who were acclaimed at the 2022 Annual Meeting were:**

Verel Thorpe-Taylor, Toronto

Jennifer Maur, Central West

Post-AGM at the Fall Board Meeting, Micheyln Gallant was appointed Special Director of Future Directions, and Corrine Morris was appointed Director of Regional Representatives as per our bylaws. Corinne Morris was acclaimed as Treasurer at the Fall Board Meeting.

Later in the year, early 2023, Aleyea Girdin was appointed as Special Director of Communications.

Submitted by:  
Camille Naranjit

### **Resolutions Report**

Before the Annual General Meeting, seven resolutions were brought forward to the Board of Directors essentially prompted by needed amendments to comply with the new 2021 Ontario Non-Profit Corporations Act.

Approval was needed to write seven resolutions for Executive Committee approval. The Executive Committee had the opportunity to edit and approve the resolutions for voting at the 2022 fall Annual General Meeting. The 2022 resolutions were brought forward and passed by the members at the meeting that represented quorum.

The resolutions (amending our bylaws) at the 2022 Annual General Meeting were:

Resolution #1: Changing the Location of Head Office

Resolution #2: Adding a Third Signing Officer to the OFSHEEA Account

Resolution #3: Adding in the Governing Documents in the Bylaws

Resolution #4: Add Proxy Voting Is Not Valid at Board of Director Meetings

Resolution #5: Add Proxy Voting Is Not Valid at Executive Committee Meetings

Resolution #6: Specifying that Annual General Meetings and Special Meetings of the General Membership are the only meetings where proxy voting can occur.

Resolution 7: Adjusting the Payment Timeframe for Annual Memberships

Submitted By:  
Lesia Hucal



## NOMINATED SLATE OF OFFICERS (2023-2025)

Election notices seeking nominations have already been posted on the website and gone out on social media. The following people have submitted nominations for the positions up for election for the Annual General Meeting occurring on Saturday, October 14, 2023.

***Additional on-time nominations for the positions can be received up to one week prior to the 2023 AGM*** (so election speeches can be prepared if there is more than one candidate for a position). If positions remain vacant, nominations from the floor at the AGM will be received. If you are interested in any position please email us at [ofsheea@ofsheea.ca](mailto:ofsheea@ofsheea.ca). We are always looking for new members and voices on our Board.

Election roster to date, but nominations remain open until the AGM:

Northern Regional Director: *No nominations received prior to the printing of this report.*

Eastern Regional Director: *No nominations received prior to the printing of this report (current Director is not eligible to run as she has already done 2 full terms.).*

Western Regional Director: *No nominations received prior to the printing of this report.*

Assistant Treasurer: *No nominations received prior to the printing of this report.*

**\*\*If there are no nominees prior to or at the virtual Annual General Meeting, the Board of Directors will fill the vacancy by appointment at the earliest opportunity, usually at the Fall Board of Directors Meeting.**



## **Resolutions to be Debated at the Annual General Meeting 2023**

### **RESOLUTION AMENDMENTS FOR ANNUAL MEETING 2023**

#### **RESOLUTIONS - Bylaw Changes - they require a 2/3rds vote**

##### **Resolution #1 - Changing Positions on the Board of Directors Amending Article VII - Board of Directors**

Be it resolved that Article VII - Board of Directors Section 2 - Composition, line b) “Six Regional Directors to represent the following designated regions of the Province of Ontario: Eastern, Western, Northern, Central East, Central West and Toronto.” be replaced by “Five Directors with job-based titles: Director of Future Directions, Director of Communications, Director of Professional Development and Resources, Director of Membership, and Director of Conference and Special Events.

*Old Bylaw:*

Article VII, 2b) Six Regional Directors to represent the following designated regions of the Province of Ontario: Eastern, Western, Northern, Central East, Central West and Toronto.

*New bylaw would read as:*

Article VII, 2b)

Five Directors with job-based titles: Director of Future Directions, Director of Communications, Director of Professional Development and Resources, Director of Membership, and Director of Conference and Special Events.

Rationale: Due to the changing needs of the Board and the increased use of digital communication methods, a role-based model for Directors is better able to meet the needs of the Board and the Association membership. The new roles reflect areas of the Association where more direct responsibility is needed.

##### **Resolution #2 - Changing the Composition of the Board of Directors Amending Article VII - Board of Directors**

Be it resolved that Article VII - Board of Directors Section 2 - Composition, line c) “A maximum of three Directors-at-Large according to the needs, for a two year term” be replaced with c) “A maximum of two Directors-at-Large according to the needs of the Association, for a term of up to two years.”

*Old Bylaw:*

Article VII, 2c) A maximum of three Directors-at-Large according to the needs, for a two year term

New bylaw would read as:

Article VII, 2c) “A maximum of two Directors-at-Large according to the needs of the Association, for a term of up to two years.”

Rationale: Because the new Director roles replacing the Regional Directors are geared towards the ongoing needs of the Association, fewer Directors-at-Large are needed. However, the flexibility of the Director-at-Large positions may be useful as the needs of the Association continue to change.

### **Resolution #3 - Changing Positions: Elections and Appointments**

#### **Amending Article VII - Board of Directors**

Be it resolved that Article VII - Board of Directors Section 3 - Elections and Appointments, line b) “in odd years, the Eastern, Western, and Northern, Regional Directors shall be elected. and line c) “In the even years, the Central East, Central West, and Toronto, Regional Directors shall be elected” be replaced by “b) in odd years, the Director of Professional Development and Resources, Director of Membership, and Director of Conference and Special Events will be elected. c) in even years, the Director of Future Directions and Director of Communications will be elected.”

#### **Old Bylaw:**

Article VII, 3b) In odd years, the Eastern, Western, and Northern, Regional Directors shall be elected.

Article VII, 3c) In the even years, the Central East, Central West, and Toronto, Regional Directors shall be elected

New bylaw would read as:

Article VII, 3b) in odd years, the Director of Professional Development and Resources, Director of Membership, and Director of Conference and Special Events will be elected.

Article VII, 3 c) in even years, the Director of Future Directions and Director of Communications will be elected.

Rationale: Electing Directors in alternate years helps to spread out the work of elections. Having elections in alternate years enables continuity in the work of the Board, while still providing opportunities for members to join the Board if they are interested in doing so.

### **Resolution #4 - Changing Composition of the Executive**

#### **Amending Article VII - Board of Directors**

Be it resolved that Article VII - Board of Directors Section 4 - Executive Committee, line a) “The Board of Directors shall appoint an Executive Committee consisting of seven members who shall be the: President, Vice-President, Past President, Treasurer, Secretary, one Regional Director and one other member of the Board of Directors.” be replaced with a) “The Board of Directors shall appoint an Executive Committee consisting of seven members who shall be the: President, Vice-President, Past President, Treasurer, Secretary, and two other Directors selected by the consensus of the Board.”

Old bylaw:

Article VII, 4a) The Board of Directors shall appoint an Executive Committee consisting of seven members who shall be the: President, Vice-President, Past President, Treasurer, Secretary, one Regional Director and one other member of the Board of Directors.

New bylaw would read as:

Article VII, 4a) The Board of Directors shall appoint an Executive Committee consisting of seven members who shall be the: President, Vice-President, Past President, Treasurer, Secretary, and two other Directors selected by the consensus of the Board.

Rationale: Under the new non-geographical model, there will be no Regional Director, therefore another way of selecting additional executive committee members needs to be put in place. The Regional Director has historically been selected by consensus.

**Resolution #5 - Changing Voting Procedures**  
**Amending Article XIII: Elections**

Be it resolved that Article XIII - Elections Section 2 - Voting Procedures, line b) “The ballot and biographical material for each candidate for Regional Director of the Association shall be sent to each member in the candidate’s region by March 1st. Where there is only one nominee for a Regional Director, the nominee shall be declared elected by acclamation.” be replaced with “Information about candidates wishing to stand for election for a Director position will be made available to all members at least two weeks prior to the Annual Meeting. Where there is only one nominee for a Director, the nominee shall be declared elected by acclamation.”

Old bylaw:

Article XIII, 2b) The ballot and biographical material for each candidate for Regional Director of the Association shall be sent to each member in the candidate’s region by March 1st. Where there is only one nominee for a Regional Director, the nominee shall be declared elected by acclamation.

New bylaw would read as:

Article XII, 2b) Information about candidates wishing to stand for election for a Director position will be made available to all members at least two weeks prior to the Annual Meeting. Where there is only one nominee for a Director, the nominee shall be declared elected by acclamation.

Rationale: There will no longer be Regional Directors based on geographic areas, which means that all members should be aware of the candidates for Director positions. This amendment also updated the bylaws to reflect that our elections happen at the Annual Meeting.

**Resolution #6 - Changing Ballot Return Policy**  
**Amending Article XIII: Elections**

Be it resolved that Article XIII - Elections Section 2 - Voting Procedures, line c) “The deadline for the return of ballots shall be established each year, but shall not be later than March 30th” be replaced with “The deadline for the return of ballots shall be established each year, but shall not be later than 1 week before the General Meeting”.

Old bylaw:

Article XIII, 2c) The deadline for the return of ballots shall be established each year, but shall not be later than March 30th.

New bylaw would read as:

Article XII, 2c) The deadline for the return of ballots shall be established each year, but shall not be later than 1 week before the General Meeting.

Rationale: This amendment also updates the bylaws to reflect that our elections happen at the Annual

Meeting.

### **RESOLUTIONS - Housekeeping**

These motions require ½ majority vote.

#### **Resolution #7 - Housekeeping**

Be it resolved that a re-formatting of the Bylaws, including headers, footers, spacing, and renumbering of lines and sections be carried out to make the constitution a more polished and readable document for the next Annual Meeting and future Association business.

Rationale: The original bylaws were typed in hardcopy and then typed using WordPerfect. As these documents have been updated and transferred through various new software programs (eg. Word, PDF and Google Docs) the formatting of this document has become inconsistent, occasionally leading to areas of confusion.

#### **Resolution #8 - Housekeeping**

Be it resolved that every time the term “Annual General Meeting” appears in the text of the bylaws, “Annual General Meeting” will be replaced with “Annual Meeting”.

Rationale: This change of terms aligns with new ONCA legislation. The meeting is no longer called the Annual General Meeting, or AGM, but is instead called the Annual Meeting.



**Special On-Time Motions**

There are none at the time of the printing of this report.